

# Distress Remedy Product Label

## **Description:**

Natural Homeopathic/Flower Medicine.

## **Recommended Usage:**

Directions: Take 10-15 drops under the tongue every 10-15 minutes, or as needed until symptoms improve, then decrease to every 1-2 hours, then to 4 times daily until symptoms are relieved. For children under 12, consult your health care professional.

## **Ingredients:**

Active ingredients: Arnica montana (Leopard's Bane) 3x, Calendula officinalis (Garden Marigold) 3x, Symphytum officinale (Comfrey) 3x, Belladonna (Nightshade) 6x, Clematis vitalba, Flos (Traveler's Joy) 6x, Helianthemum nummularium (Rock Rose) 6x, Impatiens glandulifera, Flos (Impatiens) 6x, Orinthogalum umbellatum (Star of Bethlehem) 6x, Prunus cerasifera, Flos (Cherry-Plum) 6x. Other ingredients: Purified water, glycerin, and potassium benzoate.

## **Warning:**

Do not give this product for pain for more than 5 days. If pain persists or gets worse, or if new symptoms occur, consult your health care professional. As with any drug, if you are pregnant or nursing a baby, seek the advice of a health care professional before using this product. Keep this and all medicines out of the reach of children. Use only if white tamper evident imprinted neck seal is intact.

## **Other Information:**

Can be taken before, during, and after situations causing mild emotional or physical distress.

Distributed exclusively by:  
Nature's Sunshine Products, Inc.  
Spanish Fork, Utah 84660  
©1998